

**Hemphill Powerlifting Schedule
2023**

<u>Date:</u>	<u>Meet:</u>	<u>Place:</u>	<u>Time:</u>
1/11	West Sabine	Pineland	4:00
1/25	SA	SA	4:00
2/08	Hemphill	Hemphill	4:00
2/15	WS (girls only)	Pineland	4:00
2/22	HH (boys only)	Hemphill	4:00
3/3	Regional (girls only)	Eustace	TBA
3/10	Regional (boys only)	Arp	TBA
3/16	State (girls only)	Frisco	TBA
3/24	State (boys only)	Abilene	TBA