Hemphill ISD Middle School and High School

		01	02		0
		Christmas Break	Christmas Break	Christmas Break	
06	07	08	09		1
Teacher Work Day	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	
reacher work bay	Breaded Chicken Drumstick	Chicken burger	Lasagna	Beef Tamales	
	Breaded Beef Finger	Pepperoni Pizza Wedge	Turkey and Cheese Sub	Chicken Street Tacos	
	Bosco Stick, 7"		l '	Blueberry Parfait	
	l '	Shrimp Popper Po Boy	Mini Cheese Burger Sliders	l '	
	Cobb Salad	Bacon Ranch Salad	Chicken Fajita Chopped Salad	Mexican Chopped Salad	
	Grape Uncrustables	Grape Uncrustables	Grape Uncrustables	Grape Uncrustables	
	Strawberry Uncrustables	Strawberry Uncrustables	Strawberry Uncrustables	Strawberry Uncrustables	
	Vegetables	Vegetables	Vegetables	Vegetables	
	Mashed Potatoes	Original Baked Beans	Green Beans	Mexican Street Corn	
	Steamed Corn	Baby Carrots, raw	Side Salad	Pico de Gallo	
	Fruit	Fruit	Fruit	Fruit	
				1	
	Applesauce	Peaches, Diced	Pineapple Tidbits	Sidekicks Frozen Fruit Cup	
	Orange	Apple	Banana	Orange	
				Apple	
13	14	15	16		
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	
Beef Vegetable Soup w/ Grilled	Brisket, Rib, Sausage link BBQ Plate	Beef & Cheese Nachos	Chicken and Dumplings	Baked Potato Bar	
Cheese Sandwich	Turkey and Cheese Sub	Pepperoni Pizza Wedge	Chicken Breast Tenders	Sausage Link on Bun	
Hot Turkey and Cheese Sandwich	Crispy Chicken Sandwich	Grilled Chicken Club Sandwich	Strawberry Parfait	Cobb Salad	
Pepperoni Pizza Wedge			l '		
Egg Salad Sandwich	Southwest Chicken Salad	Chicken Fajita Salad	Chef Salad	Grape Uncrustables	
• • • • • • • • • • • • • • • • • • • •	Grape Uncrustables	Grape Uncrustables	Grape Uncrustables	Strawberry Uncrustables	
Grape Uncrustables	Strawberry Uncrustables	Strawberry Uncrustables	Strawberry Uncrustables	Vegetables	
Strawberry Uncrustables	Vegetables	Vegetables	Vegetables	Zucchini Fire Stix	
/egetables	Tri-Baked Beans	Jalapeno Corn	Green Beans	Side Salad	
Baby Carrots, raw	Baby Carrots, raw	Side Salad	Side Salad	Fruit	
Side Salad	'			Sidekicks Frozen Fruit Cup	
	Fruit	Fruit	Fruit		
Fruit				· '	
Fruit	Applesauce	Peaches, Diced	Pineapple Tidbits	Apple	
Mandarin Oranges	Applesauce Orange	Peaches, Diced Apple	Pineapple Tidbits Banana	· '	
	l	Apple	l ''	Apple	-
Mandarin Oranges Apple	Orange 21	Apple 22	Banana 23	Apple Orange	
Mandarin Oranges Apple	Orange 21 Lunch Entree	Apple 22 Lunch Entree	Banana 23 Lunch Entree	Apple Orange Lunch Entree	
Mandarin Oranges Apple	Orange 21	Apple 22	Banana 23 Lunch Entree Chicken Gumbo	Apple Orange Lunch Entree Cheese Burger on Bun	
Mandarin Oranges Apple	Orange 21 Lunch Entree	Apple 22 Lunch Entree	Banana 23 Lunch Entree	Apple Orange Lunch Entree	
Mandarin Oranges Apple	Orange 21 Lunch Entree Chicken Breast Tenders	Apple 22 Lunch Entree Fritos Chili Pie	Banana 23 Lunch Entree Chicken Gumbo	Apple Orange Lunch Entree Cheese Burger on Bun	
Mandarin Oranges Apple	Orange 21 Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge	Banana 23 Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad	
Mandarin Oranges Apple	Orange 21 Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad	Banana 23 Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait	
Mandarin Oranges Apple	Orange 21 Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables	Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables	
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Mandarin Oranges Apple 20 School Holiday	Crange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple	Banana Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple	
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Mandarin Oranges Apple 20 School Holiday 27 Lunch Entree	Orange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple	Banana 23 Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana 30 Lunch Entree	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple Orange Lunch Entree	
Mandarin Oranges Apple 20 School Holiday 27 Lunch Entree Chicken Wings	Orange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple 29 Lunch Entree Chicken burger	Banana 23 Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana 30 Lunch Entree Lasagna	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple Orange Lunch Entree Beef Street Tacos	
Apple 20 School Holiday 27 Lunch Entree Chicken Wings Cheese Burger on Bun	Orange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange 28 Lunch Entree Breaded Chicken Drumstick Breaded Beef Finger	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple 29 Lunch Entree Chicken burger Pepperoni Pizza Wedge	Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana Lunch Entree Lasagna Turkey and Cheese Sub	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple Orange Lunch Entree Beef Street Tacos Chicken Street Tacos	
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Apple 20 School Holiday 27 Lunch Entree Chicken Wings Cheese Burger on Bun BBQ Pork Sliders	Orange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange 28 Lunch Entree Breaded Chicken Drumstick Breaded Beef Finger	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple 29 Lunch Entree Chicken burger Pepperoni Pizza Wedge	Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana Lunch Entree Lasagna Turkey and Cheese Sub	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple Orange Lunch Entree Beef Street Tacos Chicken Street Tacos	
Apple 20 School Holiday 27 Lunch Entree Chicken Wings Cheese Burger on Bun 18Q Pork Sliders Protein Packed Veggie Salad	Crange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange 28 Lunch Entree Breaded Chicken Drumstick Breaded Beef Finger Bosco Stick, 7" Cobb Salad	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple 29 Lunch Entree Chicken burger Pepperoni Pizza Wedge Shrimp Popper Po Boy Bacon Ranch Salad	Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana Lunch Entree Lasagna Turkey and Cheese Sub Mini Cheese Burger Sliders Chicken Fajita Chopped Salad	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple Orange Lunch Entree Beef Street Tacos Chicken Street Tacos Mexican Chopped Salad	
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Mandarin Oranges Apple 20 School Holiday 27 Lunch Entree Chicken Wings Cheese Burger on Bun BBQ Pork Sliders Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries	Crange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange 28 Lunch Entree Breaded Chicken Drumstick Breaded Beef Finger Bosco Stick, 7" Cobb Salad Grape Uncrustables Strawberry Uncrustables Vegetables	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple 29 Lunch Entree Chicken burger Pepperoni Pizza Wedge Shrimp Popper Po Boy Bacon Ranch Salad Grape Uncrustables Strawberry Uncrustables Strawberry Uncrustables Strawberry Uncrustables Vegetables	Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana Lunch Entree Lasagna Turkey and Cheese Sub Mini Cheese Burger Sliders Chicken Fajita Chopped Salad Grape Uncrustables Strawberry Uncrustables Vegetables	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple Orange Lunch Entree Beef Street Tacos Chicken Street Tacos Mexican Chopped Salad Beach Day Parfait Grape Uncrustables Strawberry Uncrustables Vegetables	
Mandarin Oranges Apple 20 School Holiday	Crange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange 28 Lunch Entree Breaded Chicken Drumstick Breaded Beef Finger Bosco Stick, 7" Cobb Salad Grape Uncrustables Strawberry Uncrustables Vegetables Mashed Potatoes	Apple Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple Lunch Entree Chicken burger Pepperoni Pizza Wedge Shrimp Popper Po Boy Bacon Ranch Salad Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans	Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana Lunch Entree Lasagna Turkey and Cheese Sub Mini Cheese Burger Sliders Chicken Fajita Chopped Salad Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple Orange Lunch Entree Beef Street Tacos Chicken Street Tacos Mexican Chopped Salad Beach Day Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Mexican Street Corn	
Apple 20 School Holiday 27 Lunch Entree Chicken Wings Cheese Burger on Bun BBQ Pork Sliders Protein Packed Veggie Salad Grape Uncrustables Grap	Crange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange 28 Lunch Entree Breaded Chicken Drumstick Breaded Beef Finger Bosco Stick, 7" Cobb Salad Grape Uncrustables Strawberry Uncrustables Vegetables Mashed Potatoes Steamed Corn Fruit	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple 29 Lunch Entree Chicken burger Pepperoni Pizza Wedge Shrimp Popper Po Boy Bacon Ranch Salad Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Baby Carrots, raw Fruit	Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana Lunch Entree Lasagna Turkey and Cheese Sub Mini Cheese Burger Sliders Chicken Fajita Chopped Salad Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Side Salad Fruit	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple Orange Lunch Entree Beef Street Tacos Chicken Street Tacos Mexican Chopped Salad Beach Day Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Mexican Street Corn Pico de Gallo Fruit	
Apple 20 School Holiday 27 Lunch Entree Chicken Wings Cheese Burger on Bun BQ Pork Sliders Protein Packed Veggie Salad Grape Uncrustables	Orange Lunch Entree Chicken Breast Tenders Breaded Beef Patty on Bun Buffalo Chicken Sandwich Protein Packed Veggie Salad Grape Uncrustables Strawberry Uncrustables Vegetables Regular Cut French Fries Baby Carrots, raw Fruit Applesauce Orange 28 Lunch Entree Breaded Chicken Drumstick Breaded Beef Finger Bosco Stick, 7" Cobb Salad Grape Uncrustables Strawberry Uncrustables Vegetables Mashed Potatoes Steamed Corn	Apple 22 Lunch Entree Fritos Chili Pie Pepperoni Pizza Wedge American-Cheese Steak Sandwich Chef Salad Grape Uncrustables Strawberry Uncrustables Vegetables Steamed Corn Side Salad Fruit Peaches, Diced Apple 29 Lunch Entree Chicken burger Pepperoni Pizza Wedge Shrimp Popper Po Boy Bacon Ranch Salad Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Baby Carrots, raw	Lunch Entree Chicken Gumbo Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Potato Salad Fruit Pineapple Tidbits Banana Lunch Entree Lasagna Turkey and Cheese Sub Mini Cheese Burger Sliders Chicken Fajita Chopped Salad Grape Uncrustables Strawberry Uncrustables Vegetables Green Beans Side Salad	Apple Orange Lunch Entree Cheese Burger on Bun Sausage Link on Bun Tex Mex Burrito Salad Blueberry Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Original Baked Beans Breaded Onion Rings Burger Salad Fruit Sidekicks Frozen Fruit Cup Apple Orange Lunch Entree Beef Street Tacos Chicken Street Tacos Mexican Chopped Salad Beach Day Parfait Grape Uncrustables Strawberry Uncrustables Vegetables Mexican Street Corn Pico de Gallo	