

BREAKFAST

JANUARY 2023
HEMPHILL ISD

Variety of Milk and Juice Offered Daily

All Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
School Holiday ²	Teacher Workday ³	Muffin /Yogurt Cereal/Toast/Jelly Fruit Juice / Milk ⁴	Sausage & Cheese Biscuit Cereal/Toast/Jelly Fruit Juice / Milk ⁵	Breakfast Corndog Cereal/Toast/Jelly Fruit Juice / Milk ⁶
French Toast Mini Cereal/Toast/Jelly Fruit Juice/Milk ⁹	Breakfast Pizza Cereal/Toast/Jelly Fruit Juice/Milk ¹⁰	Waffles/syrup Cereal/ Toast/ Jelly Fruit Juice / Milk ¹¹	Sausage & Cheese Biscuit Cereal/Toast/Jelly Fruit Juice/ Milk ¹²	Breakfast Corndog Cereal/Toast/Jelly Fruit Juice/ Milk ¹³
School Holiday ¹⁶	Muffin/Yogurt Cereal/Toast/Jelly Fruit Juice/ Milk ¹⁷	French Toast Mini Cereal/Toast/Jelly Fruit Juice/Milk ¹⁸	Sausage & Cheese Biscuit Cereal/Toast/Jelly Fruit Juice/Milk ¹⁹	Breakfast Corndog Cereal/Toast/Jelly Fruit Juice/Milk ²⁰
Pancakes/syrup Cereal/Toast/Jelly Fruit Juice/Milk ²³	Cinnamon Toast Cereal/Toast/Jelly Fruit Juice/Milk ²⁴	Waffles/syrup Cereal/Toast/Jelly Fruit Juice/Milk ²⁵	Sausage & Cheese Biscuit Cereal/Toast/Jelly Fruit Juice/Milk ²⁶	Breakfast Corndog Cereal/Toast/Jelly Fruit Juice/Milk ²⁷
French Toast Mini Cereal/Toast/Jelly Fruit Juice/Milk ³⁰	Breakfast Pizza Cereal/Toast/Jelly Fruit Juice/Milk ³¹			

Texas Department of Agriculture
Commissioner Sid Miller
This product was funded by USDA



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Alternate menu
 Monday - Burrito
 Tuesday - Hot Dog
 Wed. - Chicken Sandwich
 Thur. Ham or Turkey Sandwich
 Friday - Pizza

Monday

School Holiday **2**

Frito Pie **9**
 Ranch Style Beans
 Carrot Sticks
 Fruit
 Milk

School Holiday **16**

Beefy Nachos **23**
 Pinto Beans
 Spanish Rice
 Fruit
 Milk

Fish Nuggets **30**
 Cole Slaw
 Oven Tots / ketchup
 Fruit
 Milk

Tuesday

Teacher Workday **3**

Chicken Tenders **10**
 Scalloped Potatoes
 Steamed Broccoli
 Roll
 Fruit / Milk

Chicken Spaghetti **17**
 Green Peas
 Garden Salad/ranch
 Bread Stick
 Fruit / Milk

Chicken Nuggets **24**
 Mashed Potatoes/gravy
 Broccoli Normandy
 Roll
 Fruit / Milk

Beef Spaghetti **31**
 Black-Eyed Peas
 Candid Yams
 Bread Stick
 Fruit / Milk

Wednesday

Corndog **4**
 Mac & Cheese
 Baked Beans
 Fruit
 Milk

Pizza **11**
 Corn
 Garden Salad/ranch
 Fruit
 Milk

Corndog **18**
 Mac & Cheese
 Baked Beans
 Fruit
 Milk

Pizza **25**
 Corn
 Garden Salad/ranch
 Fruit
 Milk

Thursday

Chicken & Dumpling **5**
 Green Beans
 Steamed Carrots
 Fruit
 Milk

Beef Vegetable Soup **12**
 Grilled Cheese Sandwich
 Fruit
 Milk

Chicken & Sausage Gumbo **19**
 Rice
 Potato Salad
 Garlic Bread
 Fruit/Milk

Tater Tot Casserole **26**
 Lima Beans
 Cornbread
 Fruit
 Milk

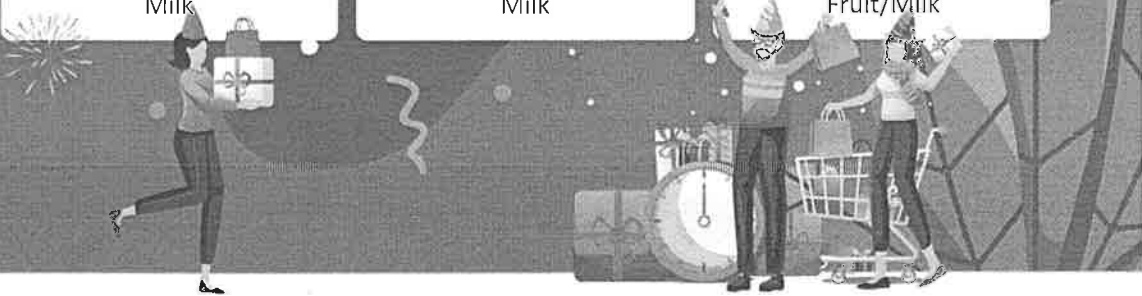
Friday

Cheeseburger **6**
 Burger Salad
 Oven Fries/ketchup
 Pork & Beans
 Fruit / Milk

Cheeseburger **13**
 Burger Salad
 Oven Fries/ketchup
 Pork & Beans
 Fruit / Milk

Cheeseburger **20**
 Burger Salad
 Oven Fries/ketchup
 Pork & Beans
 Fruit /Milk

Cheeseburger **27**
 Burger Salad
 Oven Fries/ketchup
 Pork & Beans
 Fruit/Milk



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