

# February

## Hemphill ISD BREAKFAST

<b>Breakfast Entree</b> Chocolate Chip Muffin Assorted Poptarts Cereal Variety <b>Fruit</b> Orange Juice Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	3	<b>Breakfast Entree</b> Ham and Cheese Croissant Assorted Poptarts Cereal Variety <b>Fruit</b> Apple Juice Orange <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Grape Jelly	4	<b>Breakfast Entree</b> Blueberry Parfait Assorted Poptarts Cereal Variety <b>Fruit</b> Orange Juice Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	5	<b>Breakfast Entree</b> Eggs, Ham and Toast Assorted Poptarts Cereal Variety <b>Fruit</b> Apple Juice Banana <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Grape Jelly	6	<b>Breakfast Entree</b> Confetti Pancakes Assorted Poptarts Cereal Variety <b>Fruit</b> Apple Juice Orange Juice Apple Orange <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Syrup	7
<b>Breakfast Entree</b> Sausage Pancake Stick Assorted Poptarts Cereal Variety <b>Fruit</b> Orange Juice Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Syrup	10	<b>Breakfast Entree</b> Bacon Egg Croissant Assorted Poptarts Cereal Variety <b>Fruit</b> Apple Juice Orange <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Grape Jelly	11	<b>Breakfast Entree</b> Breaded Chicken on Bun Assorted Poptarts Cereal Variety <b>Fruit</b> Orange Juice Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	12	<b>Breakfast Entree</b> Breakfast Bun Assorted Poptarts Cereal Variety <b>Fruit</b> Apple Juice Banana <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	13	<b>Breakfast Entree</b> Waffles Assorted Poptarts Cereal Variety <b>Fruit</b> Apple Juice Orange Juice Apple Orange <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Syrup	14
School Holiday	17	School Holiday	18	School Holiday	19	School Holiday	20	School Holiday	21
Teacher Work Day	24	<b>Breakfast Entree</b> Ham and Cheese Croissant Assorted Poptarts Cereal Variety <b>Fruit</b> Apple Juice Orange <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Grape Jelly	25	<b>Breakfast Entree</b> Blueberry Parfait Assorted Poptarts Cereal Variety <b>Fruit</b> Orange Juice Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	26	<b>Breakfast Entree</b> Eggs, Ham and Toast Assorted Poptarts Cereal Variety <b>Fruit</b> Apple Juice Banana <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Grape Jelly	27	<b>Breakfast Entree</b> Confetti Pancakes Assorted Poptarts Cereal Variety <b>Fruit</b> Apple Juice Orange Juice Apple Orange <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Syrup	28

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<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

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 fax: (833) 256-1665 or (202) 690-7442; or  
 email: [program.intake@usda.gov](mailto:program.intake@usda.gov)  
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# February

## Hemphill ISD Elementary

<b>Lunch Entree</b> Chicken and Dumplings Hot Turkey and Cheese Sandwich Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Baby Carrots, raw Side Salad <b>Fruit</b> Mandarin Oranges Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Brisket, Rib, Sausage link BBQ Plate Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Tri-Baked Beans Baby Carrots, raw <b>Fruit</b> Applesauce Orange <b>Grains</b> Sliced Bread Macaroni and Cheese <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Beef & Cheese Nachos Pepperoni Pizza Wedge Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Jalapeno Corn Side Salad <b>Fruit</b> Peaches, Diced Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Lasagna Chicken Breast Tenders Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Green Beans Side Salad <b>Fruit</b> Pineapple Tidbits Banana <b>Grains</b> Dinner Roll <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Baked Potato Bar Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Zucchini Fire Stix Side Salad <b>Fruit</b> Sidekicks Frozen Fruit Cup Apple Orange <b>Grains</b> Garlic Bread Stick <b>Milk</b> 1% White Milk Fat Free Chocolate Milk
<b>Lunch Entree</b> Mini Chicken Corn Dogs Patty Melt Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Cheesy Broccoli Potato Smiles <b>Fruit</b> Mandarin Oranges Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Chicken Breast Tenders Breaded Beef Patty on Bun Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Regular Cut French Fries Baby Carrots, raw Original Baked Beans <b>Fruit</b> Applesauce Orange <b>Grains</b> Dinner Roll <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Old Fashioned White Gravy Mix	<b>Lunch Entree</b> Beef Vegetable Soup w/ Grilled Cheese Sandwich Pepperoni Pizza Wedge Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Side Salad Baby Carrots, raw <b>Fruit</b> Peaches, Diced Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Spaghetti and Meat Sauce Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Green Beans Side Salad <b>Fruit</b> Pineapple Tidbits Banana <b>Grains</b> Dinner Roll <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Turkey Gravy	<b>Lunch Entree</b> Hot Turkey and Cheese Sandwich <b>Vegetables</b> Baby Carrots, raw Side Salad <b>Fruit</b> Sidekicks Frozen Fruit Cup Apple Orange <b>Grains</b> Cool Ranch Doritos <b>Milk</b> 1% White Milk Fat Free Chocolate Milk
School Holiday	School Holiday	School Holiday	School Holiday	School Holiday
<b>Lunch Entree</b> Breaded Chicken Drumstick Breaded Beef Finger Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Mashed Potatoes Steamed Corn <b>Fruit</b> Applesauce Orange <b>Grains</b> Dinner Roll <b>Milk</b> 1% White Milk Fat Free Chocolate Milk <b>Misc.</b> Old Fashioned White Gravy Mix  <i>Teacher Work Day</i>	<b>Lunch Entree</b> Chicken burger Pepperoni Pizza Wedge Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Original Baked Beans Baby Carrots, raw <b>Fruit</b> Peaches, Diced Apple <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Lasagna Turkey and Cheese Sub Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Green Beans Side Salad <b>Fruit</b> Pineapple Tidbits Banana <b>Grains</b> Dinner Roll <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Beef Street Tacos Chicken Street Tacos Grape Uncrustables Strawberry Uncrustables <b>Vegetables</b> Mexican Street Corn Pico de Gallo <b>Fruit</b> Sidekicks Frozen Fruit Cup Orange Apple <b>Grains</b> Spanish Rice <b>Milk</b> 1% White Milk Fat Free Chocolate Milk	

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# February

## Hemphill ISD

### Middle School and High School

**Lunch Entree**  
Chicken and Dumplings  
Hot Turkey and Cheese  
Sandwich  
Pepperoni Pizza Wedge  
Mexican Chopped Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Baby Carrots, raw  
Side Salad  
**Fruit**  
Mandarin Oranges  
Apple  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Brisket, Rib, Sausage link  
BBQ Plate  
Turkey and Cheese Sub  
Crispy Chicken Sandwich  
Southwest Chicken Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Tri-Baked Beans  
Baby Carrots, raw  
**Fruit**  
Applesauce  
Orange  
**Grains**  
Sliced Bread  
Macaroni and Cheese  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Beef & Cheese Nachos  
Pepperoni Pizza Wedge  
Grilled Chicken Club  
Sandwich  
Chicken Fajita Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Jalapeno Corn  
Side Salad  
**Fruit**  
Peaches, Diced  
Apple  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Lasagna  
Chicken Breast Tenders  
Strawberry Parfait  
Chef Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Green Beans  
Side Salad  
**Fruit**  
Pineapple Tidbits  
Banana  
**Grains**  
Dinner Roll  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Baked Potato Bar  
Sausage Link on Bun  
Cobb Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Zucchini Fire Stix  
Side Salad  
**Fruit**  
Sidekicks Frozen Fruit Cup  
Apple  
Orange  
**Grains**  
Garlic Bread Stick  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Mini Chicken Corn Dogs  
Patty Melt  
Mini Cheese Burger Sliders  
Bacon Ranch Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Cheesy Broccoli  
Potato Smiles  
**Fruit**  
Mandarin Oranges  
Apple  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Chicken Breast Tenders  
Breaded Beef Patty on Bun  
Pepperoni Pizza Wedge  
Chef Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Regular Cut French Fries  
Baby Carrots, raw  
Original Baked Beans  
**Fruit**  
Applesauce  
Orange  
**Grains**  
Dinner Roll  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk  
**Misc.**  
Old Fashioned White Gravy  
Mix

**Lunch Entree**  
Beef Vegetable Soup w/  
Grilled Cheese Sandwich  
Pepperoni Pizza Wedge  
American-Cheese Steak  
Sandwich  
Cobb Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Side Salad  
Baby Carrots, raw  
**Fruit**  
Peaches, Diced  
Apple  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Spaghetti and Meat  
Sauce  
Turkey and Cheese Sub  
Strawberry Parfait  
Chicken Fajita Chopped  
Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Green Beans  
Side Salad  
**Fruit**  
Pineapple Tidbits  
Banana  
**Grains**  
Dinner Roll  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Hot Turkey and Cheese  
Sandwich  
**Vegetables**  
Baby Carrots, raw  
Side Salad  
**Fruit**  
Sidekicks Frozen Fruit Cup  
Apple  
Orange  
**Grains**  
Cool Ranch Doritos  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

School Holiday

School Holiday

School Holiday

School Holiday

School Holiday

Teacher Work Day

**Lunch Entree**  
Breaded Chicken  
Drumstick  
Breaded Beef Finger  
Meatball Sub  
Bacon Ranch Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Mashed Potatoes  
Steamed Corn  
**Fruit**  
Applesauce  
Orange  
**Grains**  
Dinner Roll  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk  
**Misc.**  
Old Fashioned White Gravy  
Mix

**Lunch Entree**  
Chicken burger  
Pepperoni Pizza Wedge  
Shrimp Popper Po Boy  
Chef Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Original Baked Beans  
Baby Carrots, raw  
**Fruit**  
Peaches, Diced  
Apple  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Lasagna  
Turkey and Cheese Sub  
Crispy Chicken Sandwich  
Chicken Fajita Chopped  
Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Green Beans  
Side Salad  
**Fruit**  
Pineapple Tidbits  
Banana  
**Grains**  
Dinner Roll  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

**Lunch Entree**  
Beef Street Tacos  
Chicken Street Tacos  
Cheese Pizza  
Tex Mex Burrito Salad  
Grape Uncrustables  
Strawberry Uncrustables  
**Vegetables**  
Mexican Street Corn  
Pico de Gallo  
**Fruit**  
Sidekicks Frozen Fruit Cup  
Orange  
Apple  
**Grains**  
Spanish Rice  
**Milk**  
1% White Milk  
Fat Free Chocolate Milk

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