

Hemphill ISD Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 ST Teacher Inservice 1-5	2 ND	3 RD	4 TH	5 TH
8 TH Teacher Inservice	9 TH Teacher Inservice	10 TH Waffles / syrup Cereal/Toast/Jelly Fruit Juice Milk	11 TH Sausage & Cheese Biscuit Cereal/ Toast/Jelly Fruit Juice / Milk	12 TH Breakfast Corndog Syrup Cereal / Toast / Jelly Fruit Juice / Milk
15 TH Muffins / Yogurt cup Cereal /Toast/ Jelly Fruit Juice Milk	16 TH Cinnamon Toast Cereal/ Toast / Jelly Fruit Juice Milk	17 TH French Toast Sticks Cereal/ Toast/Jelly Fruit Juice Milk	18 TH Sausage & Cheese Biscuit Cereal / Toast / Jelly Fruit Juice / Milk	19 TH Breakfast Burrito /salsa Cereal / Toast / Jelly Fruit Juice Milk
22 ND Donut Holes Cereal / Toast / Jelly Fruit Juice Milk	23 RD Breakfast Pizza Cereal / Toast / Jelly Fruit Juice Milk	24 TH Waffles /syrup Cereal / Toast / Jelly Fruit Juice Milk	25 TH Sausage & Cheese Biscuit Cereal / Toast / Jelly Fruit Juice / Milk	26 TH Breakfast Corndog Syrup Cereal / Toast / Jelly Fruit Juice / Milk
29 TH Muffins / Yogurt cup Cereal / Toast / Jelly Fruit Juice Milk	30 TH Cinnamon Toast Cereal / Toast / Jelly Fruit Juice Milk	31 ST French Toast Sticks Cereal / Toast / Jelly Fruit Juice Milk		

AUG

MENU 2022

GEAR UP FOR

S.T.E.M



ANNOUNCEMENTS:

- Menus are subject to change
- PAY FOR MEALS ONLINE @ MySchoolBucks.com

Variety of Milk and Fruit offered daily



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
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Updated 8/1/2022
www.SquareMeals.org

Hemphill ISD Lunch

MONDAY

TUESDAY

**WEDNESDA
Y**

THURSDAY

FRIDAY

1ST

2ND

3RD

4TH

5TH

Teacher Inservice
1-5

8TH

9TH

10TH

11TH

12TH

Teacher Inservice

Teacher Inservice

Pizza
Corn
Garden Salad / ranch
Fruit
Milk

Chicken Spaghetti
Green Peas
Steamed Carrots
Garlic Toast
Fruit / Milk

Cheeseburger
Burger Salad
Oven Fries / ketchup
Fruit
Milk

15TH

16TH

17TH

18TH

19TH

Beefy Nachos
Pinto Beans
Mexican Rice
Fruit / Milk

Chicken Tenders
Mashed Potatoes
Gravy
Green Beans
Rolls / Fruit / Milk

Hot Dog
Mac & Cheese
Baked Beans
Fruit
Milk

Chicken Wrap
w/Lettuce & Tomato
Salsa
Corn
Fruit / Milk

Bar-B-Que Sandwich
Baked Chips
Carrot Sticks/ranch
Fruit
Milk

22ND

23RD

24TH

25TH

26TH

Cheese Enchiladas
Spanish Rice
Pinto Beans
Fruit
Milk

Salisbury Steak
Mashed Potatoes
Gravy
Broccoli Normandy
Roll/Fruit / Milk

Pizza
Corn
Garden Salad /ranch
Fruit
Milk

Beef Spaghetti
Black-eyed Peas
Candid Yams
Cornbread
Fruit / Milk

Cheeseburger
Burger Salad
Oven Fries / ketchup
Fruit
Milk

29TH

30TH

31ST

Taco Salad w
chips/cheese /salsa
Ranch Style Beans
Fruit / Milk

Steak Fingers
Rice & Gravy
Green Beans
Roll /Fruit/ Milk

Hot Dog
Mac & Cheese
Baked Beans
Fruit /Milk

AUG

**MENU 2022
GEAR UP FOR**

S.T.E.M



ANNOUNCEMENTS:

- Menus are subject to change
- Alternate Choice Menu
- Monday**
Burrito
- Tuesday**
Popcorn Chicken
- Wednesday**
Chicken Sandwich
- Thursday**
Ham Or Turkey Sandwich
- Friday**
Pizza

