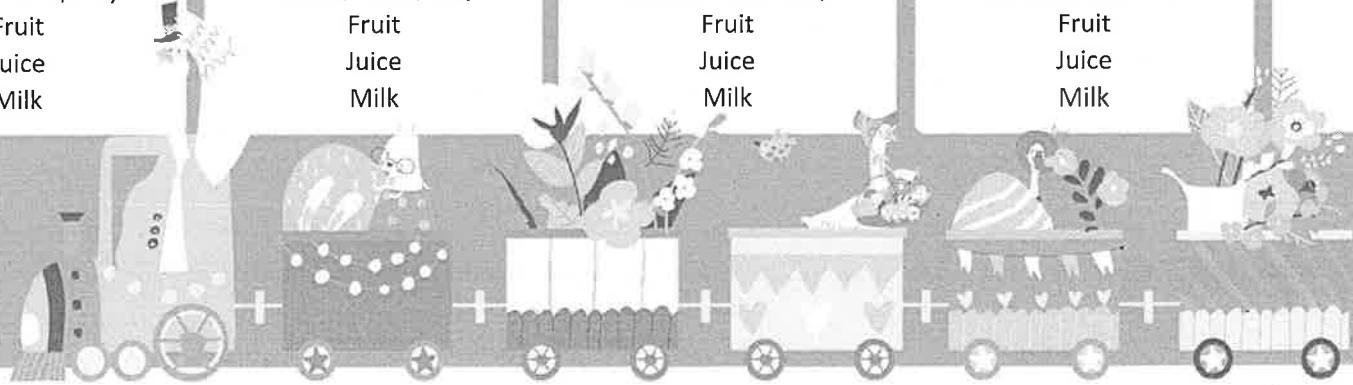


**BREAKFAST**

**APRIL 2023**  
HEMPHILL ISD

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin /Yogurt Cereal/Toast/Jelly Fruit Juice Milk	Cinnamon Toast Cereal/Toast/Jelly Fruit Juice Milk	Pancakes/syrup Cereal/Toast/Jelly Fruit Juice Milk	Sausage & Cheese Biscuit Cereal/Toast/Jelly Fruit Juice Milk	Weather Day
Spring Break 10-14				
Teacher Workday	Breakfast Pizza Cereal/Toast/Jelly Fruit Juice Milk	Waffles/syrup Cereal/Toast/Jelly Fruit Juice Milk	Sausage & Cheese Biscuit Cereal/Toast/Jelly Fruit Juice Milk	Chicken Biscuit Cereal/Toast/Jelly Fruit Juice Milk
French Toast Mini Cereal/Toast/Jelly Fruit Juice Milk	Cinnamon Toast Cereal/Toast/Jelly Fruit Juice Milk	Pancakes/syrup Cereal/Toast/Jelly Fruit Juice Milk	Sausage & Cheese Biscuit Cereal/Toast/Jelly Fruit Juice Milk	Chicken Biscuit Cereal/Toast/Jelly Fruit Juice Milk



Texas Department of Agriculture  
 Commissioner Sid Miller  
 This Product was funded by USDA

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APRIL 2023

# HEMPHILL ISD

ALTERNATE MENU

Monday - Burrito / Tue - Hot Dog / Wed, Chicken Sand.

Thurs. Ham or Turkey Sandwich

Friday - Pizza

## LUNCH

**Monday**

Frito Pie  
Ranch Style Beans  
Carrot Sticks/ranch  
Fruit  
Milk

**Tuesday**

Chicken Tenders  
Scalloped Potatoes  
Steamed Broccoli  
Roll  
Fruit / Milk

**Wednesday**

Corndog  
Mac & Cheese  
Baked Beans  
Fruit  
Milk

**Thursday**

Chicken Dumpling  
Green Beans  
Steamed Carrots  
Fruit  
Milk

**Friday**

Weather Day

Spring Break  
10-14

Teacher Workday

Salisbury Steak  
Mashed Potatoes/gravy  
Green Peas  
Roll  
Fruit / Milk

Pizza  
Corn  
Garden Salad / ranch  
Fruit  
Milk

Chicken Spaghetti  
Green Beans  
Broccoli Normandy  
Bread Stick  
Fruit / Milk

Cheeseburger  
Burger Salad  
Oven Fries / ketchup  
Pork & Beans  
Fruit / Milk

Beefy Nachos  
Pinto Beans  
Spanish Rice  
Fruit  
Milk

Chicken Nuggets  
Mashed Potatoes / gravy  
Steamed Carrots  
Roll  
Fruit / Milk

Corndog  
Mac & Cheese  
Baked Beans  
Fruit  
Milk

Beef Tips  
Rice & gravy  
Green Beans  
Roll  
Fruit / Milk

Cheeseburger  
Burger Salad  
Oven Fries /ketchup  
Pork & Beans  
Fruit / Milk

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